



Naloxone Saves Lives



BE PREPARED.



KNOW THE STEPS.



MAKE A DIFFERENCE.

1

CHECK THE PERSON



- Shake them gently and yell **"Wake up!"** to see if they respond.
- Look for slow breathing or unresponsiveness.

2

POSITION THE PERSON



- Lay them flat on their back and tilt their head back to support the neck.

3

PREPARE THE DEVICE



- Pull back the box and remove a Naloxone Nasal Spray device.
- Do not test or prime the spray.

4

GIVE THE DOSE



- Gently insert the tip into one nostril until your fingers touch the bottom of the nose.
- Press the plunger firmly with your thumb to spray the dose up the nose.

5

CALL FOR HELP



CALL
911
IMMEDIATELY



- Call 911 immediately after giving the first dose.

6

MONITOR AND REPEAT



WAIT
2 TO 3
MINUTES



- If the person does not wake up or breathe normally, give a new Naloxone Nasal Spray dose in the other nostril after 2 to 3 minutes.
- Continue to monitor them.

7

RECOVERY POSITION



- Turn the person onto their side (recovery position) if they are breathing and you are waiting for help.
- Stay with them until emergency workers arrive.